IMMPACT-XIX Accelerating The Development Of Precision Pain Medicine

Preclinical research obstacles and opportunities in developing precision pain medicine: An overview

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To illustrate arguments will focus on:

- Neuropathic pain
- Animal models

.....although the issues and concepts are generic

- External Validity:
 - The disease models
 - Profiling
 - Outcome measures
- Internal validity:
 - Susceptibility to bias in design, conduct, analysis and reporting of pre-clinical data

Lancet Neurol 2015; 162–73

Pharmacotherapy for neuropathic pain in adults: a systematic review and meta-analysis

Nanna B Finnerup*, Nadine Attal*, Simon Haroutounian, Ewan McNicol, Ralf Baron, Robert H Dworkin, Ian Gilron, Maija Haanpää, Per Hansson, Troels S Jensen, Peter R Kamerman, Karen Lund, Andrew Moore, Srinivasa N Raja, Andrew S C Rice, Michael Rowbotham, Emily Sena, Philip Siddall, Blair H Smith, Mark Wallace

Efficacy outcomes generally represent only modest gains

• <u>Recommendation:</u>

- Strong recommendation for as first-line treatment:
 - Tricyclic antidepressants (mainly amitriptyline)
 - SRNI (mainly duloxetine)
 - Pregabalin & gabapentin
- Weak recommendation for as second-line:
 - Lidocaine 5%
 - Capsaicin 8%
 - Tramadol
- Weak recommendation for as third-line:
 - Strong opioids
 - Botulinum toxin A

	NNT _{50%} (95% Cl)
TCA	3.6 (3.0 – 4.4)
SNRI (mainly duloxetine)	6.4 (5.2 – 8.4)
Pregabalin	7·7 (6·5 – 9·4)
Gabapentin (inc ER and enacarbil)	7·2 (5·9 – 9·21)
Lidocaine 5%	n.d
Capsaicin 8%	10.6 (7.4 – 19.0)
Tramadol	4.7 (3.6 – 6.7)
Strong opioids	4.3 (3.4 – 5.8)
Botulinum toxin	Uncertain

Key Features of Neuropathic Pain

Pain caused by a lesion or disease affecting the somatosensory system

- Pain <u>occasionally</u> generated in response to damage to sensory nervous system
- Pain in absence of a noxious stimulus:
 - Spontaneous continuous
 - Spontaneous paroxysmal (lancinating)
 - Evoked (stimulus dependant) pain

Variably associated with sensory perturbations:

• Sensory Loss:

• Pain in areas of sensory loss - Anaesthesia Dolorosa

• Sensory Gain:

- Allodynia pain in response to an innocuous stimulus
- *Hyperalgesia* increased response to a painful stimulus

THE MODEL:

Reproducing the Disease/Lesion

Pain, 6 (1979) 175-182 © Elsevier/North-Holland Biomedical Press

THE PRODUCTION AND PREVENTION OF EXPERIMENTAL ANESTHESIA DOLOROSA

P.D. WALL, J.W. SCADDING and M.M. TOMKIEWICZ

Cerebral Functions Group, Department of Anatomy, University College, Gower Street London WC1E 6BT (Great Britain)

Pain, 7 (1979) 103-113 © Elsevier/North-Holland Biomedical Press 103

Research Reports

AUTOTOMY FOLLOWING PERIPHERAL NERVE LESIONS: EXPERIMENTAL ANAESTHESIA DOLOROSA

P.D. WALL *, M. DEVOR, R. INBAL, J.W. SCADDING, D. SCHONFELD, Z. SELTZER and M.M. TOMKIEWICZ

Neurobiology Unit, Institute of Life Sciences, Hebrew University, Jerusalem (Israel) and Cerebral Functions Group, Department of Anatomy, University College, London WC1E 6BT (England)

Animal Models of Traumatic Nerve Injury



Heterogeneous Pathologies Associated with Neuropathic Pain

- Trauma
- Ischaemia
- Infection/Inflammation
- Cancer
- Chemical injury, including drugs
- Metabolic and endocrine neuropathies
- Compression
- Genetic channelopathies
- Idiopathic

Neuropathic Pain:

Systematic Review & Meta-Analysis of 4796 Animal Model Publications

Currie, Sena, Wodarski, Morland et al

Neuropathic pain model	Number of publications from screening
Chronic Constriction Injury	1402
Spinal Nerve Ligation	916
Diabetes-induced	678
Partial Sciatic Nerve Ligation	396
Spinal Cord Injury	384
Chemotherapy-induced	341
Spared Nerve Injury	228
Crush Sciatic Nerve	78
Trigeminal Nerve Ligation	70
Transection Of The Spinal Nerve	54
Nerve Root Ligation	46
Transection Of The Sciatic Nerve	38
Herpes Zoster-induced	35
Alcohol-induced	36
Anti-retroviral Drug-induced	26
HIV Gp120-induced	27
CCI Of Infraorbital Nerve	21
Root Transection	20

Protocol Registered at:

www.dcn.ed.ac.uk/ camarades /research.html#protocols













Heterogeneity of Neuropathy Models

Comparison of Gene Expression in Traumatic and HIV Neuropathies

(Maratou et al Eur J Pain 2009;13:387-398)



<u>Disparity of Biochemical Responses of Dorsal Root Ganglion Cells in</u> <u>Models of Peripheral Nerve Trauma and Drug-Induced Neuropathy</u>

Boateng et al Eur J Pain 2015;19:236







Heterogeneity of Spinal Microgliosis in Rat Neuropathy Models

(Blackbeard et al Eur. J Pain 2012;16:1357 & Blackbeard et al J. Neurosci. Meth. 2007;164:207)









4236 Animal Model Reports

Currie, Sena, Wodarski, Morland et al

229 RCTs



Finnerup et al

Lancet Neurology 2015;14:162



Challenge 1:

To develop and systematically profile a portfolio of animal models that accurately reflect the range, clinical presentations and pathological heterogeneity of diseases associated with neuropathic pain

Profiling Measures

Outcome Measures

Limb Withdrawal to Sensory Stimuli



Bridges et al Br. J. Pharmacol. 2001:133:586

Left-L5 spinal nerve transected Right- sham control



Portfolio of Neuropathic Pain Outcomes

	Animal Studies	Human RCTs
Evoked hypersensitivity	+	+/- (for baseline QST phenotyping)
Spontaneous continuous pain	_	+ (Usual 1º efficacy measure)
Spontaneous paroxysmal pain	_	+/-
Co-morbidity •Physical function •Emotional function •Circadian rhythm disturbance	_	+
Adverse events	_	+
Global impression		+

Evoked sensory signs as profiling rather than as outcome measure?





PAIN® 155 (2014) 2263-2273

PAIN®

www.elsevier.com/locate/pain

The effect of oxcarbazepine in peripheral neuropathic pain depends on pain phenotype: A randomised, double-blind, placebo-controlled phenotype-stratified study

CrossMark

Dyveke T. Demant^a, Karen Lund^b, Jan Vollert^c, Christoph Maier^c, Märtha Segerdahl^{d,e}, Nanna B. Finnerup^b, Troels S. Jensen^b, Søren H. Sindrup^{a,*}



PAIN[®] 153 (2012) 1193-1198

PAIN

www.elsevier.com/locate/pain

Conditioned pain modulation predicts duloxetine efficacy in painful diabetic neuropathy

David Yarnitsky ^{a,b,*}, Michal Granot^c, Hadas Nahman-Averbuch^b, Mogher Khamaisi^d, Yelena Granovsky^{a,b} ^aDenartment of Neurology, Ramham Health Care Camuus, Halfa, Israel



Challenge 2:

To develop profiling tools for use in animal models which are aligned with clinical profiling biomarkers which have predictive utility in pain clinical practice/trials eg

- a. Quantitative sensory profiles
- b. DNIC / Conditioned pain modulation

OUTCOME MEASURES

Outcome Measures: Reproducing the Clinical Signs Associated with Neuropathic Pain *(Not Symptoms!)*

- Presence/absence of pain cannot be directly measured in humans or animals
- Measurement of pain in patients reliant on "patient reported outcomes"
- Pain can only be inferred in animals by measuring changes in <u>ethologically relevant</u> behaviours characterised by appropriate pharmacological perturbations

Ethologically Relevant Outcome Measures





Biol. Lett. doi:10.1098/rsbl.2012.0554 Published online

Opinion piece

Pro-sociality without empathy

Marco Vasconcelos^{1,2}, Karen Hollis^{3,4}, Elise Nowbahari⁴ and Alex Kacelnik^{2,*}



Norway Rat "Breeding Deme"





THIGMOTAXIS IN OPEN FIELD

Hasnie et al Neuroscience 2007;144:1495

- Construct: Behavioural conflict limiting exposure (to risk of predation) vs exploratory drive
- Apparatus: Open field arena





Naive





Stavudine (d4T)-induced Neuropathy





Huang et al Pain 2013;154:560



Gabapentin 30 mg/kg, i.p. Morphine 2.5 mg/kg, i.p. Diazepam 1 mg/kg, i.p.

Wallace et al Neurosci. Lett 2008;448:153-156

BURROWING

- Construct: Pharmacologically-sensitive perturbation of ethological burrow maintenance behavioural by fossorial rodents
- Apparatus: Substrate-filled tube

Deacon Nat Protocols. 2006;1:118 Andrews et al Eur J Pain 2012;16:485 Huang et al Pain 2013;154:560; Rutten et al. Eur J Pain 2014;18:204



Andrews et al Eur J Pain 2012;16:485

Huang et al Pain 2013;154:560;

d4T







Deacon J.Vis.Exp. 2012;59:e2607

Prospective Multicentre Replication of Burrowing as Outcome Measure

Model: Intra-Plantar Complete Freund' Adjuvant in Rats



Primary Outcome - Cross Centre Validation

Wodarski et al PAIN in press

Intraplantar CFA in Rats: Mean Change from Baseline in Amount Burrowed (g) per Timepoint (PPS, MMRM)



Model: change from baseline in burrowing explained by group, time, and group-by-time and baseline burrowing-by-time interactions

Appropriate Pharmacology

- Complex behaviours influence by multiple "illness related" factors, including, but not specifically, pain
- Relevance of a behaviour to pain needs to be a validated by appropriate responses to drugs which do/do not have efficacy in the matched clinical condition.

ORIGINAL ARTICLE

Pharmacological validation of a refined burrowing paradigm for prediction of analgesic efficacy in a rat model of sub-chronic knee joint inflammation K. Rutten, A. Robens, S.J. Read, T. Christoph

FIP

European Journal of Pair

- CFA-induced reductions in burrowing performance reversed by naproxen, pregabalin or morphine
- CFA-induced reductions in burrowing performance not reversed by yohimbine, dexamphetamine or chlordiazepoxide

Challenge 3:

To develop and validate a range of ethologically relevant, pharmacologically validated, pain-related outcome measures that reflect the species specific impact of pain

Improving Internal Validity

Experimental Design, Conduct, Analysis & Reporting

Minimising Bias



Research Paper



157 (2016) 901–909

OPEN

Ensuring transparency and minimization of methodologic bias in preclinical pain research: PPRECISE considerations

Nick A. Andrews^{a,*}, Alban Latrémolière^a, Allan I. Basbaum^b, Jeffrey S. Mogil^c, Frank Porreca^d, Andrew S.C. Rice^e, Clifford J. Woolf^a, Gillian L. Currie^f, Robert H. Dworkin^{g,h,i}, James C. Eisenach^j, Scott Evans^k, Jennifer S. Gewandter^J, Tony D. Gover^m, Hermann Handwerkerⁿ, Wenlong Huang^o, Smriti Iyengar^p, Mark P. Jensen^q, Jeffrey D. Kennedy^r, Nancy Lee^s, Jon Levine^{t,u}, Katie Lidster^v, Ian Machin^w, Michael P. McDermott^x, Stephen B. McMahon^y, Theodore J. Price^z, Sarah E. Ross^{aa}, Grégory Scherrer^{bb}, Rebecca P. Seal^{cc}, Emily S. Sena^f, Elizabeth Silva^{dd}, Laura Stone^{ee}, Camilla I. Svensson^{ff}, Dennis C. Turk^{gg}, Garth Whiteside^{hh}

"Good Laboratory Practice"

Experimental Design and Conduct of In Vivo Laboratory Experiments







Good Laboratory Practice: Preventing Introduction of Bias at the Bench Malcolm R. Macleod, Marc Fisher, Victoria O'Collins, Emily S. Sena, Ulrich Dirnagl, Philip M.W. Bath, Alistair Buchan, H. Bart van der Worp, Richard Traystman, Kazuo Minematsu, Geoffrey A. Donnan and David W. Howells

Stroke. 2009;40:e50-e52; originally published online August 14, 2008;

Scandinavian Journal of Pain 4 (2013) 58–62



Topical review

Transparency in the reporting of in vivo pre-clinical pain research: The relevance and implications of the ARRIVE (Animal Research: Reporting In Vivo Experiments) guidelines

Andrew S.C. Rice <code>a.b.+</code>, Rosemary Morland <code>a</code>, Wenlong Huang <code>a</code>, Gillian L. Currie <code>c</code>, Emily S. Sena <code>c</code>, Malcolm R. Macleod <code>c</code>

www.camarades.info

GLP Core Domains

- Information about animals
- Sample size calculation
- Explicit inclusion and exclusion criteria
- Randomized allocation to groups
- Allocation concealment
- Blinded assessment and analysis of outcome
- Reporting of animals excluded from analysis
- Declaration and reporting potential conflicts of interest and study funding
- (Date stamped archiving of protocol)



Sena et al TiNS2007;30:433

Systematic Review of Chronic Constriction Injury

Currie, Sena, Wodarski, Morland et al

887 included publications Median reporting quality score 2 out of 8 and IQR (2-1).

	%	No. of publications /Total
Blinded Assessment of Outcome	29	236/805
Allocation concealment	3	21/805
Randomisation - Drug	25	156/621
Randomisation - Model	9	69/805
Animal exclusions	17	133/805
Sample Size Calculation	0.4	3/805
Animal Welfare Regulations	88	706/805
Potential Conflicts of Interest	12	99/805







National Centre for the Replacement Refinement & Reduction of Animals in Research





Publications and Quality Over Time



Reporting Quality Across Neuropathic Pain Models

%	HIV	Antiretroviral	Alcohol	CIPN	CCI	Overall quality
Blinded Assessment of Outcome	50	50	23	46	29	40
Allocation concealment	8	0	0	0	3	2
Randomisation - Drug	25	43	18	18	25	26
Randomisation - Model	25	17	9	12	9	14
Animal exclusions	33	25	0	9	17	17
Sample Size Calculation	0	0	5	2	0.4	2
Animal Welfare Regulations	100	100	96	92	88	95
Potential Conflicts of Interest	25	25	14	28	12	21

Quality of Experimental Bias Mitigation In Animal Studies of Pain

Rice et al Pain 2008;139:241-5

• Located 14 reports in PAIN vols 128-30 (2007) which estimated pharmacological efficacy in an animal model

• Scored with modified Jadad tool¹ that assesses presence and quality of:

- Randomisation
- Blinding
- Reporting of withdrawals/dropouts
- Power calculation
- Max. score 7

• \geq 5/7 required for inclusion in clinical systematic review

Results:

- 5/14 (36%) described as "blinded"
- 4/14 (29%) described as "randomised"
- 1/14 (7%) reported withdrawals/ dropouts
- 0/14 (0%) described a power calculation
- Modified Jadad score:
 - 13/14 scored 0/7
 - 1/14 scored 1/7
 - 0/14 scored >1/7

Re-analysis of data from 125 animal studies (Kontinen & Meerk 2003):

- 29% described as
- "randomised"
- 28% described as "blinded"

Publication Bias - Pre-Clinical Studies

- 736 original comparisons for Chemotherapy Induced Neuropathy drug intervention experiments
- Trim and fill analysis suggests 185 theoretical 'missing' comparisons
- Original global estimate effect size 1.35 SMD Units [1.25-1.44]
- Adjusted global estimate effect size 0.88 [0.77-0.98]
- 53% overestimation of efficacy



Gillian Currie

Publication Bias – Clinical Trials

- 191 published reports and 21 unpublished studies in clinical trials.gov registry
- Trim and Fill analysis suggests 34 theoretical missing studies
- 10% overestimation of efficacy
- Studies in peer-reviewed journals reported greater effects than unpublished studies



Attrition (loss of animals from analysis) Bias

Holman et al PLoS Biol 2016;14:e1002331

- Simulation of:
 - Random attrition + = reduced [already low] statistical power and therefore increase risk of false negatives
 - Biased attrition (targeted exclusion of outliers) exclusion X = dramatically increased apparent effect size the probability of false positive results
- Meta-analysis of stroke and cancer models studies show attrition is rarely reported
 - A priori inclusion/exclusion criteria
 - "CONSORT-type" Flow chart



Presentation of Data



Morland RH et al. F1000Research 2015, 4:109

Transparency of Publications

www.nc3rs.org.uk/arrive-guidelines

How can you use the ARRIVE guidelines?

The guidelines can be used when reporting research. In brief, the ARRIVE guidelines include the following:

Methods 5. Ethical statement 6. Study design linding/randomisation) xperimental procedures w? When? Where? Why?) . Experimental animals	Results 14. Baseline Data 15. Numbers Analysed 16. Outcomes & estimation 17. Adverse events
5. Ethical statement 6. Study design linding/randomisation) xperimental procedures w? When? Where? Why?) . Experimental anima <u>ls</u>	14. Baseline Data 15. Numbers Analysed 16. Outcomes & estimation 17. Adverse events
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. Experimental anima <u>ls</u>	17. Adverse events
(apagia agy woight)	
Species, sex, weight) Housing and husbandry	Discussion
10. Sample size	18. Interpretation & implications
Allocation experimental groups	19. Generalisability and translation
Experimental outcomes	20. Funding
	lousing and husbandry 10. Sample size Allocation experimental groups Experimental outcomes 3. Statistical methods



For a full description, see the 20-point check list at www.nc3rs.org.uk/ARRIVE



National Institute of Neurological Disorders and Stroke

www.ninds.nih.gov/funding/transparency_in_reporting_guidance.pdf

Experimental design:

- · Rationale for the selected models and endpoints (animal and/or cellular)
- Adequacy of the controls
- Route & timing of intervention delivery / dosing
- Justification of sample size, including power calculation
- Statistical methods used in analysis and interpretation of results

Minimizing bias:

- Methods of blinding (allocation concealment and blinded assessment of outcome)
- · Strategies for randomization and/or stratification
- · Reporting of data missing due to attrition or exclusion
- Reporting of all results (negative and positive)

Results:

- Independent validation/replication, if available
- · Robustness and reproducibility of the observed results
- Dose-response results
- · Verification that interventional drug or biologic reached and engaged the target

Interpretation of results:

- Alternative interpretations of the experimental data
- · Relevant literature in support or in disagreement with the results
- Discussion of effect size in relation to potential clinical impact
- Potential conflicts of interest

Landis et al Nature 2012;490(7419):187-191.

Courtesy Shai Silberberg NINDS

<u>Transparency of Reporting</u> <u>Open Access to Single Animal Level</u> Raw Data



www.alltrials.net

F1000Research

RESEARCH ARTICLE

F1000Research 2015, 4:109 Last updated: 09 SEP 201

CrossMark



Short-term effect of acute and repeated urinary bladder inflammation on thigmotactic behaviour in the laboratory rat [version 1; referees: 3 approved]

Rosemary H Morland¹, Amparo Novejarque¹, Wenlong Huang¹, Rachel Wodarski¹, Franziska Denk², John D Dawes³, Tim Pheby¹, Stephen B McMahon², Andrew SC Rice¹



Open Field activity following Acute Bladder Inflammation

15 minute videos of open field behaviour in rats 24hrs after acute bladder inflammation (36). File naming reflects individual animal IDs to maintain blinding. Group allocation data available on request from F100Research. Each file was edited using Adobe Premiere (Creative Cloud) as follows: - A 10 second 'lead-in' period prior to introduction of the animal was edited in, either by trimming from the start of the video to a point 10 second barbor in thousand or by stretching the footage prior to introduction of the animal to *x* by stretching the footage prior to introduction in the animat as was straightened, making it easier for others analysing the dataset as only a single arena template is required during automated analysis e.g. using Ethovision, Noldus Software, The Netherlands - File formats were converted from .mg to .mp4 to reduce the file size (from ~200MB to ~50MB)

- Technically possible with digital data capture and on-line publication
- Independent scrutiny of data
- Independent replication of analyses
- Animal level meta-analysis
- Conduct of alternative analyses
- In silico testing and refinement of novel analysis paradigms

Challenge 4:

To develop adequate design, conduct, analysis and reporting which permit:

- a. Assessment of rigour of experiments
- b. Meta-analysis
- c. Access to all data, including that from sub-sets of animals and "outliers" which may be relevant to heterogeneity

CHALLENGES IN ALIGNING PRE-CLINICAL RESEARCH WITH PRECISION PAIN MEDICINE AGENDA:

- 1. Develop and validate portfolio of clinically aligned disease models and explore heterogeneity
- 2. Develop and validate clinically aligned profiling measures
- 3. Ethologically-relevant, pharmacologically validated, outcome measures and explore heterogeneity
- 4. Ensure rigour in the design, conduct, analysis and reporting of pre-clinical experiments

Lancet Series on Research Waste 2014

85% Of Biomedical Research Investment Is Wasted - \$200 Billion In 2010

Chalmers & Glasziou Lancet 2009; 374:86–89; Lancet Series on Research Waste 2014; Moher, D., et al. Lancet. Online September 28, 2015





www.researchwaste.ne





www.equator-network.org

